# Coaching as an Instrument of Culture Change in Early Childhood Intervention

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# **Acknowledgments**

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# **Background**

- Family involvement in early childhood intervention (ECI) is fundamental BUT disempowerment still occurs
- Literature suggests facilitative coaching can:
  - empower families, early childhood (EC) educators
  - support embedded intervention
  - promote inclusion and participation
- Early Intervention Practice Framework (EIPF) recommends coaching
- no specific policy or training guidelines exist alongside the document

(Barrera & Rosenbaum, 1986; Lea, 2006; Mahoney et al, 1999; McWilliam et al, 2000; MoE, 2011; Rush, Shelden & Hanft, 2003)

#### **Research context**

- Anecdotally, early intervention teachers (EITs) have trialled coaching
- But, little known about how or to what extent this process has taken place.....
- nor how practitioners learned to coach....

#### <u>Aim</u>

• to uncover the motivations for and mechanisms of coaching in ECI in ECE settings in NZ, from the perspective of EITs.

# Design

**Part 1** (n = 10)
Semi-structured interviews,
Thematic analysis

RQ1: How do EITs describe what coaching is, and why it might be used in ECI?

RQ2: How are EITs learning about and using coaching in NZ?

**Part 2** (n = 5)

Ethnographic & semi structured interviews, prospective thematic analysis

RQ3: How might a specific PL programme in coaching facilitate learning and praxis



### **Theoretical framework**

#### Activity Theory

Vygotsky, Leont'ev, Engeström and others

#### Kuhn

*`The structure of scientific revolutions'* (1962) "paradigm shifts"

# **Summary of Findings**

#### Participants described:

- cultural-historical ECI practices, also influential in the current day
- 2. the sense being made of coaching in theory and practice
- 3. how ECI might look and feel with coaching in place



a "shift"



coaching as an instrument

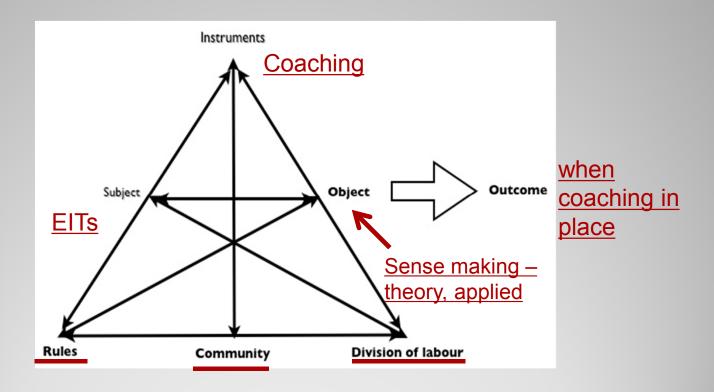


a **recipe** 

the **means** 



# **Activity Theory**





(Gedera & Williams, 2016)

#### **Models**

- Consultative
- Expert
- Medical
- Teaching



#### **Professional**

- directs
- tells, advises
- shows, helps
- holds knowledge, information,
  - answers...



#### **Nice relationships**

best intentions, well meaning,

"she thought she was doing the best for the family"



#### **Child focused**

deficit lens developmental assessment, planning & goal setting

#### **Creating dependence**

I must ask [her] when she comes...then she might wait two weeks...for the answer

solving the problem for them kind of made them dependent

# Findings 2 -

#### motivations

Old ways not working (Kuhn's 'crisis') Coaching in EC becoming visible

#### a turning point

introduction of routines based early intervention (RBEI) and the routines based interview (RBI)

(Foster-Cohen & van Bysterveldt, 2016; Kuhn, 1962; McWilliam et al, 2009; Rush, Shelden, & Hanft, 2003)

# Challenges

- External
  - expectations of coachees
  - differing philosophy of colleagues
  - family realities and complexities
  - nature of EC centres, knowledge and attitude of EC educators, when to refer on...
  - organisational factors



# Challenges

- Internal
  - theory to practice
  - professional identity



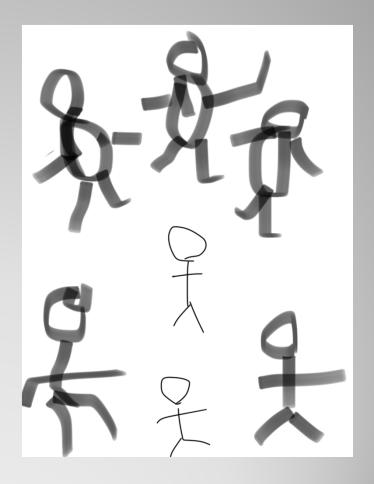


#### **Family centred**

- adult-focused/whānau
- relationship-based
- partnership / collaboration together, team
- self determination
- empowerment

#### **Belief**

- belief in the other instilling that self-belief
- adults around the child as experts





#### **Building capacity**

- setting it up
- building on strengths, using what already exists
- exploring, learning, finding solutions together
- independence
- sustainable



Implications of findings

Study limitations



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