

An Evaluation of the Response Modulation Hypothesis in Relation to Attention–Deficit/Hyperactivity Disorder

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Abstract Several hypotheses related to Newman's (e.g., Patterson & Newman, 1993) response modulation hypothesis were examined among adolescents with attention-deficit/hyperactivity disorder (ADHD; $n = 18$) and normal controls ($n = 23$). Consistent with predictions, youth with ADHD committed more passive avoidance errors (PAEs) than controls during the latter trials of a computerized go/no-go task with mixed incentives, even after common variance associated with variables that covary with ADHD (i.e., IQ, oppositional-defiant/conduct disorder [ODD/CD] symptoms, anxious/depressed mood) was removed. While a moderate inverse association was observed between PAE frequency and the amount of time spent viewing response feedback following punishment, both categorical (diagnostic) and dimensional analyses of ADHD symptomatology indicated that ADHD and reflection on punishment feedback are uniquely associated with PAE commission. Findings from this study are discussed in relation to models of disinhibition applicable to youth with ADHD.

Keywords Attention-deficit/hyperactivity disorder (ADHD) · Passive avoidance learning · Punishment sensitivity · Response reflection · Response modulation

Several theories of the etiology and maintenance of attention-deficit/hyperactivity disorder (ADHD) place

central emphasis on deficits in behavioral inhibition (e.g., Barkley, 1997; Oosterlaan & Sergeant, 1996; Quay, 1997). Behavioral inhibition is a relatively broad concept and, as outlined in Barkley (1997), is manifest in at least three forms. One form is evident in the *delay of prepotent (reinforced) responses*. Without inhibition and delay, ongoing behavior would be largely influenced by immediate reinforcing events and have an automatic or stimulus–response quality, whereby the onset of a stimulus cue associated with reward would result in an immediate response instrumental in producing rewards signaled by the cue. In the absence of inhibition and delay, the opportunity to evaluate behavior in relation to longer-term or distal outcomes becomes compromised; that is, the ability to engage in goal-directed behavior becomes impaired. Inhibition and delay of ongoing behavior allows for the opportunity to notice whether behavioral outcomes are consistent with distal behavioral objectives, and whether the immediate consequences that behavior produces contrast or are consistent with these longer-term goals (Barkley, 1997).

Another form of behavioral inhibition is the *interruption of ongoing behavior* (Barkley, 1997). The interruption or delay of ongoing behavior allows for the possibility of adjusting behavior that is no longer effective or adaptive when environmental contingencies shift. Perseverative behavior that continues without interruption or influence by changing environmental events is often rigid in form and non-adaptive in function. Finally, *interference control* refers to the process of protecting goal-directed behavior from interference or disruption from competing events. Examples of this would include resistance from distraction when potential distracters are not relevant for ongoing goal-directed behavior, or the inhibition of motor actions that are inappropriate to a task or goal (Barkley, 1997).

A considerable body of research has demonstrated pervasive deficits in behavioral inhibition among youth with

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ADHD. For example, research investigations that have employed the “stop task,” a common experimental paradigm where participants quickly inhibit prepotent responses to a “go” signal when signaled to do so by a “stop” (or “no-go”) signal, repeatedly demonstrate that youth with ADHD have difficulties with response inhibition compared to other groups (e.g., Rucklidge & Tannock, 2002). However, these studies also demonstrate that deficits in response inhibition may not be a unique and distinguishing feature of ADHD, as these deficits are also evident in children with conduct disorder but not anxiety disorders (Oosterlaan, Logan, & Sergeant, 1998). Deficits in response inhibition, therefore, might constitute a characteristic feature common to individuals with externalizing disorders and associated behavior patterns.

Emotional/motivational theories of ADHD that emphasize impairments in inhibition processes are exemplified in the work of Quay (1988, 1997), who has firmly embedded his theory of ADHD within Gray’s neuropsychological model. Briefly, Gray (1970, 1987) has delineated a conceptual brain system, termed the *behavioral inhibition system* (BIS), that he hypothesized (a) inhibits behavior in situations where cues associated with punishment are present, (b) increases arousal to energize subsequent behavior, and (c) increases attentional resources to initially threatening novel stimuli. High levels of anxiety as well as heightened sensitivity or responsiveness to the effects of punishment or frustrative non-reward (i.e., the non-occurrence of an expected reward) are associated with the activation of the BIS. A weak or hypoactive BIS, in turn, is theoretically associated with low anxiety, insensitivity to punishment cues, and failures in passive avoidance learning.

As related to ADHD, Quay (1988, 1997) proposed that weak BIS activation is central to ADHD. Low BIS activation or reactivity would impair the ability to interrupt ongoing activity and to detect and effectively respond to stimuli that signal the potential for punishment. While some studies provide support for the weak-BIS hypothesis of ADHD (e.g., Beauchaine, Katkin, Strassberg, & Snarr, 2001; Lazzaro et al., 1999; Quay, 1997), other research has produced findings that are inconsistent with the weak-BIS model (Crone, Jennings, & Van der Molen, 2003; Hartung, Milich, Lynam, & Martin 2002; Iaboni, Douglas, & Baker, 1995). Consequently, the weak-BIS hypothesis likely has limited value as a theory of ADHD, and the behavior inhibition deficits among those with ADHD are unlikely to be the sole result of punishment insensitivity and associated processes.

Within the context of Gray’s theory, Newman (1987) has alternatively proposed that disinhibited behavior is largely related to the dominance of a second conceptual brain system in Gray’s model, the *behavioral activation (or approach) system* (BAS). Gray (1987) has proposed that the BAS becomes activated in response to cues that signal reward or relief from punishment, and that BAS-dominant individuals tend to demonstrate trait-like impulsivity. According to

the response modulation hypothesis by Newman and colleagues (Patterson & Newman, 1993; Wallace, Bachorowski, & Newman, 1991; Wallace & Newman, 1990), disinhibited behavior is particularly likely in instances where BAS activities dominate BIS activities when both systems are activated. When this occurs among BAS-dominant or impulsive individuals, “go” or approach response sets associated with the attainment of reward predominate and are difficult to modify, even when response contingencies have shifted or become incompatible with goal-directed behavior. At the heart of this failure to appropriately adjust or regulate behavior are impairments in the regulation of attentional resources to non-dominant cues that have informational value for ongoing behaviors. In the case of BAS-dominant individuals, dominant cues that primarily influence responding are those associated with reward. For such individuals, attentional resources are largely allocated to cues and behaviors associated with reward or its attainment, and attentional resources are largely unallocated to non-dominant cues that have relevance for ongoing behavior, such as those that signal potential punishment. Consequently, persons who fail to attend to non-dominant cues are unlikely to have their behavior modified by them, and the dominant response set will persist even though it may no longer be effective or adaptive (MacCoon, Wallace, & Newman, 2004; Patterson & Newman, 1993).

In a mixed incentive context where both rewards and punishers are simultaneously contingent on behavior ($R + P$), Newman’s model would predict that BAS dominant individuals would (a) be oriented and allocate disproportionately more ongoing attention to dominant $S +$ cues, and (b) allocate disproportionately less attention to non-dominant cues, which would include $S -$ stimuli and performance feedback following punishment. As a result of the combined effect of these factors, disinhibited persons compared to others would be expected to commit more *passive avoidance errors* (PAEs), which are commission errors characterized by the inability to withhold responses to $S -$ stimuli. In such instances, BAS dominance over the BIS results in a tendency whereby responding for reward is stronger than the tendency to inhibit responding that may lead to punishment, which results in a PAE. Consistent with the response modulation hypothesis, research has demonstrated a greater tendency among disinhibited adults to make more PAEs than controls while simultaneously responding for reward (e.g., Farmer et al., 2003; Newman, Patterson, Howland, & Nichols, 1990; Newman, Widom, & Nathan, 1985; Patterson, Kosson, & Newman, 1987).

One common experimental paradigm used to evaluate response modulation deficits is the go/no-go task. When mixed incentives (rewards and punishers) are contingently available for responding during the go/no-go task, a participant is challenged to maintain response performance (i.e., a “go” response or to key press in the presence of $S +$ stimuli) while

171 alternative stimuli (i.e., S – stimuli) that require a compet- 224
172 ing motor response (a “no-go” response or the withholding 225
173 of a key press) are also present. Among youth with ADHD, a 226
174 number of studies have employed the go/no-go task with gener- 227
175 ally consistent findings. In Shue and Douglas (1992) and 228
176 Trommer, Hoepfner, Lorber, and Armstrong (1988), for ex- 229
177 ample, children diagnosed with ADHD compared to normal 230
178 controls made more PAEs. In an extension of this research by 231
179 Milich, Hartung, Martin, and Haigler (1994) with 90 youth 232
180 between the ages of 13 and 21 with a history of behavioral 233
181 or psychiatric disorders, PAE frequency was positively cor- 234
182 related with dimensionally-represented ADHD symptoma- 235
183 tology but not conduct disorder (CD) symptomatology for 236
184 males, whereas no significant correlation was obtained for 237
185 PAE frequency and either ADHD or CD symptomatology 238
186 for females. However, the correlations for females ($n = 17$) 239
187 were in the predicted direction for ADHD symptomatology 240
188 ($r_s = .39$ for past symptomatology, $.32$ for current), and 241
189 similar for current CD symptomatology ($r = .32$). Findings 242
190 were inconsistent for youth in the reward-only (R) condition. 243
191 Similarly, Hartung et al. (2002) found among 172 clinic- and 244
192 non-clinic referred youth between the ages of 13 to 18 years 245
193 that ADHD symptoms were predictive of PAEs for both 246
194 males and females, but only in the mixed incentive (R + P) 247
195 condition and not the punishment-only (P) condition. In con- 248
196 trast, CD symptoms were not predictive of PAEs for females 249
197 in either incentive condition or males in the R condition, 250
198 whereas it was predictive for males in the R + P condition. 251
199 Three implications can be suggested from these studies: (a) 252
200 consistent with Newman’s theory, PAEs are more likely to re- 253
201 liably emerge for disinhibited persons in the mixed incentive 254
202 context (R + P) than in the case where either contingency 255
203 is presented alone (R or P), (b) ADHD symptomatology is 256
204 more consistently associated with PAEs for both boys and 257
205 girls than CD symptoms, and (c) there might be some differ- 258
206 ences in the expression of behavioral disinhibition between 259
207 males and females on the go/no-go task. 260

208 Other studies that have employed the go/no-go task, how- 261
209 ever, suggest that PAEs are more likely among youth with 262
210 ADHD regardless of incentive condition. Iaboni et al. (1995), 263
211 for example, compared 18 boys between the age of 8 and 13 264
212 years with ADHD against 18 male normal controls within the 265
213 same age range, and found that those with ADHD demon- 266
214 strated more PAEs in the R + P condition as well as in the 267
215 R-only and P-only conditions. This finding was interpreted 268
216 by the authors as inconsistent with Newman’s response mod- 269
217 ulation hypothesis and more consistent with the notion that 270
218 ADHD is defined by a generalized inhibition deficit. Sim- 271
219 ilarly, Gomez (2003) utilized a motivational go/no-go task 272
220 to investigate behavioral disinhibition among 30 boys with 273
221 ADHD (ages 9–13) relative to normal controls. In this study, 274
222 youth with ADHD were found to make more PAEs in each 275
223 of three reinforcement conditions: R-only, P-only, and R + 276

P. However, the most PAEs among ADHD youth were ob- 224
225 served in the R + P condition compared to the remaining 226
227 two. This finding was interpreted as consistent with the gen- 228
229 eral response inhibition deficit model as well as Newman’s 230
231 response modulation hypothesis. 232

233 Newman’s response modulation hypothesis as applied to 234
235 ADHD has been generally supported while some limitations 236
237 have also been suggested. The present study consequently 238
239 sought to simultaneously evaluate several predictions asso- 240
241 ciated with Newman’s response modulation model while at 242
243 the same time controlling for the potential influence of other 244
245 variables that covary with ADHD. A unique aspect of this 246
247 study is that it directly evaluates the role of response re- 248
249 flection in relation to disinhibited behavior, something that 250
251 other investigations of Newman’s theory with ADHD sam- 252
253 ples have not previously explored. In relation to these general 254
255 study objectives, several specific hypotheses were tested or 256
257 explored, and these are delineated below. 258

259 First, the present study sought to examine whether adoles- 260
261 cent youth diagnosed with ADHD relative to normal controls 261
262 would make more PAEs in a mixed incentive (R + P) con- 262
263 text in order to further clarify the potential utility of the 263
264 response modulation hypothesis in accounting for inhibitory 264
265 deficits that characterize ADHD. Consistent with predictions 265
266 from the response modulation hypothesis and findings from 266
267 Iaboni et al. (1995), we hypothesized that the greatest dif- 267
268 ferences in PAE commission by members of the two groups 268
269 would occur within the last blocks of trials. That is, those 269
270 with ADHD were hypothesized to demonstrate a flatter learn- 270
271 ing curve over time, thus suggesting a comparative deficit in 271
272 efficient responding to punishment signals by withholding 272
273 responses when simultaneously responding for reward. 273

274 Second, there is a growing consensus that dimensional 274
275 representations of disorder concepts are frequently associ- 275
276 ated with greater reliability indices, often more conceptually 276
277 congruent with the population variability and continuous dis- 277
278 tribution of features that define disorders, and more appro- 278
279 priate for hypothesis testing than categorical representations 279
280 (Farmer, 2000; Kraemer, Noda, & O’Hara, 2004). Given this, 280
281 and following the example of other ADHD researchers in this 281
282 area (Hartung et al., 2002; Milich et al., 1994), we evaluated 282
283 PAL when ADHD was categorically defined according to 283
284 *DSM* diagnostic decision rules and dimensionally based on 284
285 scores from a parent-rating measure of overall ADHD symp- 285
286 tomatology. 286

287 Third, this study also evaluated the possible influence 287
288 of other variables (i.e., IQ, conduct disorder/oppositional 288
289 defiant disorder symptomatology, parent-rated anxiety and 289
290 depression) on PAE occurrence. Given findings from 290
291 Milich et al. (1994) and Hartung et al. (2002), we hypothe- 291
292 sized that any observed differences in PAE frequency among 292
293 ADHD and control groups would not be fully accounted for 293
294 by CD and oppositional defiant disorder symptoms. 294

Similarly, and consistent with other research, we anticipated that evidence of disinhibition on the PAL task for ADHD youth would not be fully accounted for by IQ (Gomez, 2003; Hartung et al., 2002; Iaboni et al., 1997) or internalizing symptoms such as anxiety (Gomez, 2003).

Fourth, previous studies on passive avoidance learning have typically found an absence of an effect for omission errors (OEs), or failures to respond to S + stimuli, when disinhibited and control groups are compared (e.g., Farmer et al., 2003; Patterson et al., 1987). This is also true for studies that specifically compared ADHD groups to controls (Gomez, 2003; Hartung et al., 2002), where OEs have also been observed to be considerably less frequent than PAEs (Trommer et al., 1988; Trommer, Hoepfner, & Zecker, 1991). Consequently, no group differences were hypothesized in the occurrence of OEs.

Fifth, a unique feature of this research is that it also examined the association between participant-determined (non-fixed) reflection on response feedback and optimal performance. Historically, reflectivity has been considered to be conceptually antithetical to impulsivity, such that “impulsivity” is at times defined as responding “without reflection” (e.g., Doob, 1990; Kagan, 1966). In the context of the response modulation hypothesis, Patterson and Newman (1993) have suggested that failures to inhibit responses that lead to punishment while responding for reward are a direct effect of a relative deficit related to reflection on cues that predict punishment. They further assert that it is during the reflection process that persons establish causal associations among environment-behavior relations. Consistent with this view, studies with disinhibited adults have demonstrated that response reflection is moderately and inversely associated with PAE frequency (e.g., Farmer et al., 2003; Gremore, Chapman, & Farmer, 2005; Patterson et al., 1987). This study will examine whether failures in passive avoidance are associated with less reflection on response consequences following punishment, and whether ADHD and response reflection represent independent or co-occurring influences associated with behavioral disinhibition.

Method

Participants

A total of 41 adolescent youth (19 males, 22 females), aged 13 to 18 ($M = 14.98$, $SD = 1.51$), participated in the present research. The ADHD group ($n = 18$; 55.6% males) was referred from a specialized service that assesses and treats youth with moderate to severe psychiatric disorders. Participants referred from this source were first evaluated by a clinical psychologist for the presence of a current diagnosis of ADHD (described below). Youth with a confirmed

diagnosis of ADHD were subsequently provided with a description of the present study and asked to participate. Data from three other service-referred youths were not included in the present research as these persons met diagnostic criteria for psychiatric conditions but not ADHD (i.e., bipolar II disorder, oppositional defiant disorder, and conduct disorder).

The control group ($n = 23$, 39.1% males) had been recruited through advertising at local schools and other community resources, and had received the same clinical evaluation as the ADHD group. Data for one additional control participant was not included in the present study due to a technical problem during the administration of the computerized PAL task. Efforts were made during participant recruitment to have approximately equal numbers of males and females in both groups. The overall sample was predominantly white and of European descent (95.1%), with the remaining (4.9%) of Maori descent (i.e., indigenous peoples of New Zealand).

Assessments and measures

Diagnostic protocol for ADHD

The Schedule for Affective Disorders and Schizophrenia for School-Age Children—Present and Lifetime Version (K-SADS-PL; Kaufman et al., 1997) was used to assess DSM diagnostic concepts specific to youth. For all participants, diagnostic interviews were conducted separately with the adolescent and a parent. The long versions of the Conners' Rating Scales-Revised (CRS-R; Conners, 1997) were also used to specifically assess ADHD. This instrument provides separate rating forms for parents, teachers and adolescents. For this study, parent and adolescent ratings were considered. The parent rating involves an 80-item scale, and includes measures of oppositional behaviors, hyperactivity, other indices of ADHD, and cognitive problems. The 87-item adolescent self-report assesses the same areas as the parental scale, with the inclusion of anger control problems.

To be included in the ADHD group, a participant would have met each of the following criteria: (a) DSM-IV-TR diagnostic criteria for ADHD based on the clinician summary of the K-SADS-PL parent and adolescent interview, whereby parental report information related to the presence versus absence of externalizing symptoms would supercede the adolescent report in the event of a discrepancy, (b) a T -score ≥ 65 on at least one of the ADHD subscales of the CRS-R parent form, and (c) evidence of ADHD symptoms prior to the age of seven established either through a past diagnosis of ADHD or, among new cases, through parental report and past school report cards.

To be included within the control group, an adolescent would have failed to meet ADHD criteria according to the

376 K-SADS-PL. Clinic-referred participants who failed to meet
377 inclusionary criteria for the ADHD group were not included
378 in the control group. All clinical interviews and testing were
379 conducted in laboratories within a department of psychology
380 in a mid-sized university. Consent and assent forms were
381 reviewed with both parents and adolescents prior to study
382 participation.

383 Parents of children in the ADHD group who were taking
384 psycho-stimulant medication (i.e., methylphenidate; $n = 14$
385 or 77.8%) were asked not to give their children this medica-
386 tion on the morning of testing with the interactive com-
387 puter task as stimulant medications can enhance reward
388 sensitivity (Wilkison, Kircher, McMahan, & Sloane, 1995)
389 and go/no-go task performance (Trommer et al., 1991).
390 As methylphenidate has an approximate half-life of 4.5 h
391 (Shader et al., 1999), a 24-hour elimination period should
392 have ensured that the majority of the active ingredient had
393 been eliminated prior to testing. Five (27.8%) members of the
394 ADHD group took at least one medication other than stim-
395 ulant medication (paroxetine, clonidine, fluoxetine, citalo-
396 pram), and one of the controls (4.3%) took paroxetine. As
397 these medications were prescribed for reasons other than
398 ADHD, these medications were not discontinued for pur-
399 poses of this research.

400 *Measures of demographic variables*

401 The New Zealand Socioeconomic Index of Occupational
402 Status (NZSEI; Davis, McLeod, & Ransom, 1997), based
403 on 1991 New Zealand census data, was used as a measure
404 of socio-economic status. The NZSEI scores range between
405 10 and 100, with higher scores indicative of higher socio-
406 economic status.

407 *Estimation of intellectual functioning (IQ)*

408 IQ was estimated using the Block Design and Vocabu-
409 lary subtests of the WISC-III (Wechsler, 1991) or the
410 WAIS-III (Wechsler, 1997). Scores from these subtests,
411 when combined, are good estimators of Full Scale IQ
412 (Sattler, 2001).

413 *Assessment of ODD and CD symptomatology*

414 The K-SADS-PL (Kaufman et al., 1997) was used to as-
415 sess the presence of ODD and CD symptomatology. In the
416 present research, an aggregated variable that dimensionally
417 represented the presence of these symptoms was derived. For
418 each disorder concept, individual symptom presence versus
419 absence was first determined according to *DSM-IV-TR* cri-
420 teria. In the event a symptom was present, it was assigned a

421 value of 1. Symptoms that did not reach diagnostic thresholds
422 were assigned a value of 0. Within each disorder concept,
423 symptom ratings were summed and then divided by the total
424 number of symptoms that defined the diagnostic concept.
425 Once this was done for both ODD and CD symptomatology,
426 the resultant proportionalized values were added together,
427 and this sum served as the index for combined ODD/CD
428 symptomatology.

429 *Assessment of the experience of anxiety and depression*

430 The Child Behavior Checklist (CBCL; Achenbach, 1991) is
431 designed to identify children at risk for behavior problems.
432 The Parent version of this checklist was used to assess the
433 experience of anxiety and depression in the adolescent youth.
434 Ratings for one control participant were not available; con-
435 sequently, this individual was not included in analyses that
436 involved this measure.

437 *Procedure*

438 *Assessment of passive avoidance learning (PAL)*

439 A successive go/no-go discrimination interactive computer
440 task was used to assess PAL (Farmer et al., 2003; Patterson
441 et al., 1987, Experiment 2). Computer task stimuli consisted
442 of 12 two-digit numbers that were presented sequentially
443 on a computer monitor. Six of these numbers were positive
444 discriminative stimuli ($S +$). When a participant responded
445 to the presence of the stimuli by depressing the space bar,
446 he or she received immediate feedback (i.e., the word "Cor-
447 rect" which appeared in big blue letters across the center of
448 the computer monitor) and was awarded with 10¢ by the
449 experimenter who placed a coin in a dish positioned next
450 to him or her. The remaining 6 numbers were negative dis-
451 criminative stimuli ($S -$). When a participant responded to
452 these stimuli, he or she received immediate feedback (i.e.,
453 the word "Wrong" which appeared in big red letters across
454 the center of the computer monitor). The experimenter also
455 removed a 10¢ coin from the dish. To avoid punishment (i.e.,
456 the "Wrong" feedback and the loss of 10¢) when $S -$ were
457 presented, participants had to withhold responding. That is,
458 punishment could be avoided during the task by passive
459 avoidance. A failure to withhold responding in the presence
460 of an $S -$ signal was regarded as a *passive avoidance error*
461 (PAE). If the participant did not respond to an $S +$ or $S -$
462 within a 3 s time period, no feedback was provided and a new
463 trial was automatically initiated. If the participant responded
464 to a number by pressing a key, feedback was presented for a
465 maximum of 7 s or until the subject terminated it by press-
466 ing a key to initiate the next trial. The inter-trial interval
467 between number presentations was 1 s. All participants

Table 1 Means (and standard deviations) for controls and K-SADS-PL diagnosed youth with ADHD on parent- and self-reported ADHD symptomatology as assessed by the CRS-R

CRS-R scale	ADHD	Controls	<i>t</i>	<i>p</i>	<i>d</i>
<i>Parent report</i>					
CRS-R inattentive	75.72 (9.98)	49.04 (10.20)	8.43	<.001	1.60
CRS-R hyperactive-impulsive	74.56 (10.55)	52.09 (9.69)	7.09	<.001	1.49
CRS-R total	77.94 (8.90)	50.43 (10.55)	8.86	<.001	1.63
<i>Adolescent self-report</i>					
CRS-R inattentive	57.11 (10.39)	44.04 (8.93)	4.33	<.001	1.13
CRS-R hyperactive-impulsive	52.50 (11.18)	43.00 (8.84)	3.04	.004	.87
CRS-R total	52.72 (10.65)	42.48 (9.94)	3.18	.003	.90

Notes. K-SADS-PL = Schedule for affective disorders and schizophrenia for school-age children—present and lifetime version; ADHD = Attention-deficit/hyperactivity disorder; CRS-R = Conners' rating scales-revised.

468 began the study with \$1.50, and were allowed to keep what-
469 ever earnings they accrued by the end of the task.¹

470 Before beginning the pre-treatment trials, participants
471 were provided with written task instructions that were read
472 aloud by the experimenter as participants followed along.
473 These instructions included a brief description of trial and
474 error learning, a summary of the main purpose of the task
475 (i.e., to discern when to press a key following the presenta-
476 tion of a number and when to withhold a response), specifics
477 concerning the presentation of the number stimuli, and the
478 optional procedure for terminating response feedback in order
479 to initiate the next trial. The overall task goal as presented
480 to participants was to earn as much money as possible.

481 The baseline phase consisted of 18 trials. Stimulus presenta-
482 tions during the baseline phase were designed to facilitate a
483 dominant approach response set, whereby 67% of trials were
484 S + trials. Following the baseline period, participants were
485 provided the opportunity to ask questions about the task, and
486 the directions were briefly reviewed. Data from the baseline
487 trials were not included in any data analyses.

488 Ninety-six treatment trials followed baseline training.
489 During these trials, each S + and S – appeared with equal
490 frequency, with the constraint that neither three S + nor S –
491 stimuli were sequentially presented. For data analytic pur-
492 poses, the 96 treatment trials were divided up into three trial
493 blocks, with each block consisting of 32 consecutive trials.
494 In the primary analyses, response data were analyzed accord-
495 ing to trial block in order to evaluate possible differences in
496 responding as a function of length of the exposure to task
497 contingencies.

¹ Because of research that suggests sensitivity and responsiveness to reinforcement contingencies among disinhibited and control groups varies in accordance with the magnitude or intensity of reinforcers (Slusarek, Velling, Bunk, & Eggers, 2001), we note as points of reference that 10 cents in New Zealand currency was approximately equal to 8.5 cents in Canadian currency and 6.5 cents in US currency at the time this study was conducted.

498 The primary dependent variable from the computer task
499 was the number of PAEs (i.e., responding rather than in-
500 hibiting a response to an S –) committed during treatment
501 trials. In secondary analyses, the number of omission errors
502 (OEs; instances of non-responding to an S +) committed
503 during treatment trials was also evaluated. This study also
504 considered the role that reflection on task performance (i.e.,
505 the median amount of time, in milliseconds, that subjects
506 viewed response-contingent feedback) had on actual task
507 performance, as well as associations that reflection on re-
508 sponse feedback had with group membership.

509 Results

510 Preliminary analyses

511 *Participant characteristics as a function of group* 512 *membership*

513 A series of preliminary analyses examined the distribution
514 of demographic characteristics in relation to group member-
515 ship. The sex distribution was similar among the ADHD and
516 control groups, $X^2(1, N = 41) = 1.10$, *ns*. Similarly, no age
517 differences were noted as a function of group, $t(39) = 0.53$,
518 nor were any significant differences noted in socioeconomic
519 status, $t(38) = 0.17$. The mean socioeconomic status of the
520 sample was 56.30 ($SD = 20.67$), which is indicative of mid-
521 dle socio-economic status.

522 As would be expected, the control and ADHD groups
523 significantly differed on indices of self- and parent-
524 reported ADHD symptomatology as assessed by the CRS-R
525 (Table 1). Consistent with previous research (e.g., Smith,
526 Pelham, Gnagy, Brooke, & Evans, 2000), youth with ADHD
527 under-reported instances of overactivity and inattention re-
528 lative to parents. The control and ADHD groups also dif-
529 ferred on estimated full scale IQ, $t(39) = 2.77$, $p < .01$,

530 $d = .89$. Those with ADHD had an estimated IQ within the
 531 normal range ($M = 97.89$, $SD = 14.07$); however, this mean
 532 IQ was significantly less than that of controls ($M = 108.91$,
 533 $SD = 11.40$). Similarly, there was a significant group differ-
 534 ence on parent-rated anxiety and depression on the CBCL,
 535 $t(38) = 4.83$, $p < .001$, $d = 1.61$. Parents rated youth with
 536 ADHD as experiencing more anxious and depressed symp-
 537 toms than controls ($M_s = 60.78$ and 50.27 , respectively).
 538 Consequently, a portion of the analyses presented below
 539 examined the potential influence of IQ and symptoms of
 540 anxiety and depression on PAL.

541 Within the ADHD group, 10 persons (50% male) were
 542 classified as predominantly inattentive and 8 persons (62.5%
 543 male) as combined inattentive and hyperactive-impulsive.
 544 No persons within the ADHD group were classified as
 545 predominantly hyperactive-impulsive. For both self- and
 546 parent-reported scales on the CRS-L, only one difference was
 547 apparent between the inattentive and combined groups, and
 548 this was for the parent-rated impulsivity-hyperactivity scale,
 549 $t(16) = 2.22$, $p < .05$, $d = .53$. As would be expected, youth
 550 classified as predominantly inattentive had lower scores on
 551 this scale ($M = 70.10$) than those in the combined group
 552 ($M = 80.13$). When the sex distributions within the inatten-
 553 tive and combined groups were compared, no departures
 554 from expectation were observed, $X^2(1, N = 18) = .28$.

555 Median reaction time to task stimuli

556 When ADHD and control groups were compared on reac-
 557 tion time following the presentation of task stimuli (both S +
 558 and S -), no significant differences emerged, $t(39) = 0.57$,
 559 *ns*. This finding suggests that there was no overall speed-
 560 accuracy trade-off pattern that operated differently as a func-
 561 tion of group membership.

562 Manipulation checks

563 PAL

564 A repeated-measures ANOVA was performed with trial
 565 block as the within-subjects factor and PAE frequency as the
 566 dependent measure to explore whether the PAL manipulation
 567 was successful. When both control and ADHD-diagnosed
 568 participants were included in the same analysis, a signifi-
 569 cant effect for trial block was obtained, $F(2, 80) = 38.78$,
 570 $p < .001$, $\eta^2 = .49$. Post hoc analyses indicated that PAE
 571 means for each trial block were significantly different at
 572 $p < .001$: Block 1 = 8.95, Block 2 = 6.12, Block 3 = 4.90.
 573 Participants, on average, reduced the number of PAEs com-
 574 mitted over consecutive sets of trials as a result of learning to
 575 avoid punishment by withholding responses to S - stimuli.
 576 This finding supports the validity of the PAL experimental
 577 procedure for the entire sample.

Omission errors (OEs)

578 When OEs served as the dependent variable, a 2 (group) \times
 579 3 (trial block) mixed-model ANOVA revealed an absence
 580 of any significant main or interaction effects. Consistent
 581 with previous research, the mean number of OEs committed
 582 by participants during all non-baseline trials was relatively
 583 small ($M = 10.61$, $SD = 8.17$). These findings suggest that
 584 the baseline manipulation to create a dominant approach re-
 585 sponse set for responding to task stimuli was successful, and
 586 the absence of group differences suggests that members of
 587 both groups were equally attentive during the PAL computer
 588 task (Trommer et al., 1988).
 589

590 Primary analysis: passive avoidance learning (PAL) as a
 591 function of group membership

592 Frequency of passive avoidance errors (PAEs) as a 593 function of group membership and learning trials

594 Table 2 presents mean PAE frequencies as a function of
 595 group and trial block. A 2 (group) \times 3 (trial block) mixed-
 596 model ANOVA revealed a significant main effect for trial
 597 block, $F(2, 78) = 40.54$, $p < .001$, $\eta^2 = .51$ (M_s : Block
 598 1 = 8.95, Block 2 = 6.12, Block 3 = 4.90). Paired *t*-tests re-
 599 vealed that the difference in the mean number of PAEs be-
 600 tween Block 1 and Block 2 was significant, $t(40) = 4.78$, $p <$
 601 $.001$, $d = 1.51$, as was the difference between Block 1 and
 602 Block 3 $t(40) = 9.03$, $p < .001$, $d = 2.86$. Similarly, signifi-
 603 cant differences were apparent between Block 2 and Block
 604 3, $t(40) = 3.57$, $p < .001$, $d = 1.13$.

605 A significant main effect for group on PAE frequency
 606 was also obtained, $F(1, 39) = 5.50$, $p < .05$, $\eta^2 = .12$.
 607 Participants with ADHD committed more PAEs on av-
 608 erage within trial blocks than controls ($M_s = 8.04$ and
 609 5.58, respectively). A significant effect was also observed
 610 for the group by trial block interaction, $F(2, 78) = 7.65$,
 611 $p < .01$, $\eta^2 = .16$. Post-hoc analyses revealed that the
 612 ADHD group did not significantly differ from controls
 613 on the average number of PAEs committed during Block
 614 1 ($M_s = 9.22$ and 8.74, respectively). However, for Block

Table 2 Means for PAE frequency as a function of group and trial block

Group	PAE means		
	Block 1	Block 2	Block 3
All participants ($n = 41$)	8.95	6.12	4.90
ADHD ($n = 18$)	9.22	8.17	6.72
Controls ($n = 23$)	8.74	4.52	3.48

Notes. PAE = passive avoidance error, ADHD = attention-deficit/hyperactivity disorder.

2, there was a significant difference between groups, $t(39) = 2.95, p < .01, d = .95$, whereby those with ADHD made more PAEs than controls ($M_s = 8.17$ and 4.52 , respectively). Similarly, there was a significant difference between ADHD participants and controls in PAE frequency during Block 3, $t(39) = 2.95, p < .01, d = .95$, whereby those with ADHD ($M = 6.72$) committed significantly more PAEs than controls ($M = 3.48$). Relative to controls, PAL across trials was relatively modest for ADHD participants (Table 2).²

Covariance analyses

Given a number of possible variables that covary with ADHD and might influence PAL, three covariance analyses were performed. In each instance, the primary analysis was repeated, with the exception that one of three variables was first considered as a covariate (i.e., IQ, ODD/CD symptoms, and parent-rated anxiety and depression).

Group membership and PAE frequency within trial blocks after controlling for the influence of IQ

Given the significant difference in IQ observed as a function of group membership, correlational analyses were first performed to determine if an association also existed between IQ and PAL. For the overall sample, a negative significant correlation for IQ and total number of PAEs across trial blocks was observed ($r = -.48, p < .01$). When correlations were computed that examined the strength of the association between IQ and PAE frequency within trial blocks, stronger associations were evident for the last two trial blocks (r_s : Block 1 = $-.29, p < .07$; Block 2 = $-.52, p < .001$; Block 3 = $-.45, p < .01$).

The main analysis that examined PAEs as a function of group and trial block was repeated, this time with IQ as a covariate. Once the influence of IQ was statistically controlled, no significant effect remained for group, $F(1,38) = 1.54$, or for trial block, $F(2,76) = 1.07$. However, the group by trial block interaction remained significant, $F(2,76) = 5.01, p < .01, \eta^2 = .12$. Planned post hoc comparisons revealed that there was no significant group difference for Block 1, $t(39) = 0.35$. However, trends with associated medium effect sizes were noted for Blocks 2 and 3, whereby those with ADHD committed more PAEs after controlling for IQ than

controls: Block 2: $t(39) = 1.76, p < .09, d = .58$; Block 3: $t(39) = 1.94, p < .06, d = .63$.

Group membership and PAE frequency within trial blocks after controlling for the influence of ODD and CD symptomatology

Correlational analyses were first performed to determine if associations existed between PAE frequency and ODD/CD symptomatology. For the overall sample, a positive trend was noted ($r = .28, p < .10$). When correlations were computed that examined the strength of the association between PAE frequency and ODD/CD symptomatology separately for each trial block, a significant association was observed only for the last trial block (r_s : Block 1 = $.17, ns$; Block 2 = $.25, ns$; Block 3 = $.34, p < .05$).

When the proportion of concurrent ODD/CD symptomatology was used as a covariate, no significant effect remained for group, $F(1, 38) = 2.23$. A significant effect for trial block, however, was observed, $F(2, 76) = 22.32, p < .001, \eta^2 = .37$. Adjusted PAE means for trial blocks were 8.93, 6.35, and 5.07 for Blocks 1, 2, and 3, respectively. Each adjusted block mean was significantly different from the other at $p < .001$.

The group by trial block interaction was also significant, $F(2, 76) = 7.57, p < .01, \eta^2 = .17$. Post hoc comparisons revealed that there was no significant group difference for Block 1, $t(39) = .30$. A significant difference was noted, however, for Block 2, $t(39) = 2.35, p < .05, d = .76$. For Block 3, there was a trend with an associated medium effect size whereby those with ADHD committed more PAEs after controlling for ODD/CD symptomatology than controls, $t(39) = 1.92, p < .07, d = .62$.

Group membership and PAE frequency within trial blocks after controlling for the influence of anxiety and depression

Correlations were first computed to evaluate the association between overall PAE frequency and parent-rated anxious/depressed symptomatology. For both groups combined, a significant positive association was observed ($r = .35, p < .05$). When correlations were computed to evaluate the strength of the association between PAE frequency and anxious/depressed symptomatology for each trial block, stronger associations were evident for the last two blocks (r_s : Block 1 = $.16, ns$; Block 2 = $.31, p < .05$; Block 3 = $.46, p < .01$).

When the proportion of parent-rated anxious/depressed symptomatology was used as a covariate, no significant effect remained for group, $F(1,37) = 2.29$. A trend for trial block, however, was observed, $F(2, 74) = 2.66, p < .08, \eta^2 = .07$. Adjusted PAE means for trial blocks were 8.88, 5.95, and

² Five of the control participants had total ADHD scores on the parent-rated CRS-R at or above a T-score of 60. Given the possible presence of subthreshold ADHD among these five persons, this analysis was re-run with these five control participants excluded. The obtained results were highly similar, whereby the effect for trial block was significant, $F(2,68) = 38.15, p < .001, \eta^2 = .53$, as was the main effect for group, $F(1,34) = 4.22, p < .05, \eta^2 = .11$, and the group by trial block interaction, $F(2,68) = 14.87, p < .001, \eta^2 = .29$.

4.80 for Blocks 1, 2, and 3, respectively. Post-hoc analyses revealed that the difference in means between Blocks 1 and 2 were marginally different, $t(39) = 1.97, p < .06, d = .63$, as was the difference between Blocks 2 and 3, $t(39) = 1.79, p < .09, d = .57$, with both contrasts associated with medium effect sizes. The difference between Blocks 1 and 3 was significant, $t(39) = 4.18, p < .001, d = 1.34$.

The group by trial block interaction was also significant, $F(2, 74) = 6.62, p < .01, \eta^2 = .15$. Post hoc comparisons revealed that there was no significant group difference for Block 1, $t(38) = 0.08$, or for Block 3, $t(38) = 1.60$. A significant difference, however, was noted for Block 2, $t(38) = 2.56, p < .05, d = .83$, whereby those with ADHD committed more PAEs after controlling for anxious/depressed symptomatology than controls.³

Group membership, PAE frequency and reflection on PAE response feedback

For all participants regardless of group membership, the correlation between the number of PAEs committed across trials and the median reflection time on response feedback following PAEs was $-.45 (p < .01)$. This indicates that fewer PAEs were observed if participants spent more time viewing PAE response feedback. This finding raises the possibility that significant group effects in relation to PAE were influenced by the tendency to stop and pause following punishment. To further evaluate this possibility, a set of analyses was first undertaken that involved the examination of whether reflection of response feedback predicted PAE frequency in each trial block. Three separate regression analyses were performed, whereby PAE frequency for a given trial block served as the predicted variable. For each analysis, the median reflection time following reward feedback was entered as the first predictor (to control for overall rapid response style; see Patterson et al., 1987, p. 571) followed by median reflection time

³ It is possible that adolescents might be more accurate reporters of internalizing experiences than parents. Consequently, this analysis was rerun, with youth-rated anxious and depressed symptoms on the CRS-R (Conners, 1997) used as the covariate among participants for whom such data were available ($n = 21$ for controls, $n = 17$ for the ADHD group). No significant effect was obtained for trial block, $F(2, 70) = 1.85, ns, \eta^2 = .05$. A significant trend ($p < .08$) was obtained for group, $F(1, 35) = 3.48, \eta^2 = .09$, whereby those with ADHD committed more PAEs than controls (adjusted means: 7.80 and 5.67, respectively). There was also a significant trial block by diagnosis interaction, $F(2, 70) = 6.23, p < .01, \eta^2 = .18$. Planned contrasts of group means within each trial block indicated that groups did not differ in PAE frequency in Block 1, $t(36) = .18$, but did differ in Block 2, $t(36) = 2.55, p < .05, d = .80$, and Block 3, $t(36) = 2.29, p < .05, d = .72$. In both of these latter two instances, those with ADHD committed more PAEs than controls (adjusted means: 7.76 and 4.34, respectively, for Block 2; 6.41 and 3.67, respectively, for Block 3). Parent- and youth-rated anxious/depressed symptoms were moderately correlated in this sample ($r = .55, p < .001$).

following punishment feedback entered in the second step. In none of these analyses did reflection on reward emerge as a significant predictor. However, in each instance, reflection on punishment feedback predicted PAE frequency after the influence of reflection on reward was removed. Reflection on punishment feedback significantly predicted PAEs during Block 1 [$F(1, 38) = 15.03, p < .001, \Delta R^2 = .28$], Block 2 [$F(1, 38) = 12.36, \Delta R^2 = .24, p < .001$], and Block 3 [$F(1, 38) = 7.33, p < .01, \Delta R^2 = .16$]. Findings from these analyses suggest that pausing and reflecting following punishment, not an overall rapid response tendency per se, was significantly and substantially related to PAE commission.

Given these findings, we again examined PAL as a function of group (i.e., ADHD vs. control), this time with reflection on punishment as a covariate, as the above findings raise the possibility that the effects that involve the group variable may be entirely due to response reflection tendencies following punishment feedback. When this was done, a significant effect for the covariate was observed, $F(1, 38) = 13.40, p < .001, \eta^2 = .26$. There was also a significant effect for group, $F(1, 38) = 8.60, p < .01, \eta^2 = .18$. Those with ADHD committed more PAEs than controls (adjusted means: 8.16 for ADHD, 5.48 for controls). There was also a significant within-subjects effect for trial block, $F(2, 76) = 14.68, p < .001, \eta^2 = .28$, and a significant trial block by group interaction, $F(2, 76) = 7.43, p < .001, \eta^2 = .16$. For the within-subjects main effect, adjusted means for each trial block were significantly different at $p < .05$: Block 1 = 9.00, Block 2 = 6.36, Block 3 = 5.11. Planned contrasts related to the trial block by group interaction revealed that within Block 1 there was no significant difference between groups, $t(39) = .72, ns$. However, for Block 2, there was a significant difference in PAE commission between groups, $t(39) = 3.51, p < .001, d = .91$, whereby those with ADHD committed more PAEs than controls (adjusted means: 8.30 and 4.41, respectively). Similarly, there was a significant difference in Block 3 PAEs as a function of group, $t(39) = 3.35, p < .01, d = .90$, with the ADHD group committing more PAEs than controls (adjusted means: 6.83 and 3.40, respectively). Overall, the group and group by trial block interaction effects observed in our primary analysis were preserved even after covarying out the influence of reflection on punishment feedback. These findings suggest that ADHD diagnostic status and reflection on punishment feedback are significantly and independently related to PAE commission.

Association of reflectivity with other relevant variables

Correlations were also computed to investigate the degree of association between reflection on response feedback following PAEs and other variables related to PAEs in this study. The amount of time spent reflecting on punishment

Table 3 Correlations of parent-reported ADHD symptomatology with PAE frequency for combined sample ($n = 41$)

CRS-R Scale	For all non-baseline trials	Total number of PAEs		
		Block 1	Block 2	Block 3
<i>Bivariate correlations</i>				
Inattentive	.32*	.05	.37*	.42**
Hyperactive-impulsive	.24	-.04	.30 [†]	.35*
Total	.28 [†]	.01	.35*	.39*
<i>Partial correlations controlling for reflection on punishment feedback</i>				
Inattentive	.42**	.13	.45**	.49***
Hyperactive-impulsive	.33*	.03	.38*	.42**
Total	.39*	.08	.44**	.46**

Notes. CRS-R = Conners' Rating Scales-Revised; ADHD = attention-deficit/hyperactivity disorder; PAEs = passive avoidance errors.

*** $p < .001$, ** $p < .01$, * $p < .05$, [†] $p < .10$.

790 feedback was independent of estimated IQ ($r = .04$, *ns*), the
791 sum of proportionalized ODD/CD symptoms ($r = -.06$,
792 *ns*), and parents' ratings of anxious and depressed moods
793 ($r = .06$, *ns*) for the sample as a whole.

794 Dimensional relations among PAEs, ADHD
795 symptomatology, and reflection on punishment feedback

796 Until now, we have examined PAL in relation to categori-
797 cally defined ADHD, whereby contrast groups were based on
798 whether the participant met *DSM* ADHD diagnostic criteria.
799 In the analyses presented in this section, ADHD symptom
800 features as indexed by parent ratings on the CRS-R for the
801 entire sample ($n = 41$) were used as the index of overall
802 ADHD.

803 As evident in Table 3, the associations between PAEs
804 and ADHD symptomatology were evident in the last two
805 blocks of learning trials but not during the first trial block.
806 Similar patterns of correlations were obtained for both inat-
807 tentive and hyperactive-impulsive features. When partial
808 correlations were computed that controlled for reflection
809 on punishment feedback, the pattern of correlations was
810 quite similar to that displayed in the bivariate correlations
811 (Table 3). Additionally, reflection on punishment feedback
812 did not significantly correlate with CRS-R parent-rated inat-
813 tentive ($r = .12$), impulsive-hyperactive ($r = .13$), and total
814 ADHD ($r = .12$) scales. These findings are similar to those
815 obtained when ADHD was treated as a categorical variable
816 (present versus absent according to diagnostic criteria). Di-
817 mensionally represented ADHD symptomatology has moder-
818 ate associations with PAE commission in later learning
819 trials, and this association is independent of the tendency to
820 reflect on punishment feedback.

821 Discussion

822 Findings from this study provide additional support for the
823 view that impairments in behavioral inhibition constitute a

central feature of ADHD. In a mixed incentive context where
824 both reward and punishment contingencies were simultane-
825 ously operative (R + P), adolescents with ADHD commit-
826 ted more PAEs overall than controls, particularly in the latter
827 trial blocks. This finding suggests that members of the control
828 group were able to adjust their dominant goal-directed
829 response set to accommodate stimulus cues that signaled
830 punishment under some conditions. In contrast, youth with
831 ADHD displayed greater difficulty withholding responding
832 to S – stimuli, as evident by relatively flat learning curves
833 relative to controls. This impairment in behavior shifting
834 from activity to passivity in accordance with alternating con-
835 tingencies among youth with ADHD is consistent a central
836 postulate of Newman's response modulation hypothesis as it
837 applies to disinhibited persons.

838 Covariance analyses that examined the potential influ-
839 ence of IQ, ODD/CD symptoms, and the experience of anx-
840 ious and depressed mood indicated that differences between
841 ADHD and control groups in PAE frequency generally re-
842 mained even when common variance associated these vari-
843 ables was statistically removed. The observed inverse associ-
844 ation between IQ and PAE frequency is consistent with find-
845 ings reported in Hartung et al. (2002). While the control of
846 IQ as a possible influence resulted in somewhat weaker find-
847 ings, a significant group by trial block interaction was still
848 observed. Additionally, although ADHD and ODD/CD syn-
849 dromes demonstrate significant comorbidity, findings from
850 this study as well as others (Hartung et al., 2002, Milich
851 et al., 1994) suggest that failures to withhold responses to
852 S – stimuli continue to be associated ADHD symptomatology
853 even when the influence of ODD/CD symptomatology
854 has been considered and removed, and provide additional
855 support for the view that processes associated with disinhi-
856 bition among those with ADHD and CD/ODD may differ in
857 important respects (Nigg, 2000).

858 Another prediction from the response modulation hypoth-
859 esis, that disinhibited persons reflect less on punishment
860 feedback than others, received equivocal support. A mod-
861 erate negative correlation was obtained for all participants
862

863 that demonstrated reflection on punishment was inversely
864 associated with PAE frequency. Learning to pause follow-
865 ing punishment was, therefore, associated with fewer PAEs
866 overall. When ADHD was analyzed as a diagnostic category
867 as well as a dimensional construct, however, both reflection
868 on punishment feedback and ADHD were *independently* as-
869 sociated with PAE commission. Furthermore, reflection on
870 punishment feedback did not have significant associations
871 with IQ, CD/ODD symptomatology, or anxious/depressed
872 mood. These and similar findings (Gremore et al., 2005;
873 Farmer et al., 2003; Patterson et al., 1987) suggest that the
874 tendency to reflect on punished behavioral outcomes has
875 considerable relevance in theoretical accounts of processes
876 involved in learning to avoid punishment. However, these
877 findings also imply that the failures in the tendency to stop
878 and pause following punishment are largely independent of
879 and not antithetical to hyperactive-impulsive behavioral pat-
880 terns and disinhibited personality styles, and may reflect an
881 important individual difference variable in its own right.

882 The exact role that reflectivity may have in relation to
883 the attenuation of impulsive behavior remains unclear. Self-
884 directed speech constitutes an important aspect of reflection,
885 whereby such self-talk provides “a means for reflection, de-
886 scription and self-questioning through language, creating an
887 important source of problem-solving ability as well as a
888 means of formulating rules and plans” (Barkley, 1997, p.
889 74). A central concept associated with this process, as de-
890 scribed by Barkley (1997) and elaborated in Hayes (1989),
891 is rule-governed behavior. A rule is a verbal description of
892 a behavioral contingency that specifies a response or be-
893 havior, an outcome or consequence associated with that
894 behavior, and/or an antecedent condition in the presence
895 of which the behavior will produce the specified outcome
896 (Anderson, Hawkins, Freeman, & Scotti, 2000). Rule-
897 governed behavior, then, is a term used to denote those be-
898 haviors that are influenced by verbal statements, or rules, that
899 specify the operating contingencies associated with behavior,
900 and is usually used to account for behavior that is influenced
901 by delayed consequences (Malott, Malott, & Trojan, 2000).

902 Reflection on responses in terms of their associated con-
903 sequences may facilitate the rule-generation process, or con-
904 tribute to the refinement and accuracy of rules. In the ab-
905 sence of rules for behavior, behavior may have a random,
906 trial-and-error quality that is largely influenced by imme-
907 diate events, thus leading to more variable and ineffective
908 responding (Barkley, 1997). Existent research suggests that
909 rule use among children is associated with greater sensi-
910 tivity to response feedback and less perseverative behavior
911 (Zelazo, Reznick, & Piñon, 1995).

912 It may be that the behavior of youth with ADHD is more
913 strongly influenced by immediate environmental contingen-
914 cies than rules, and that any co-occurring deficits associated
915 with response reflection may further contribute to a relative

916 insensitivity to punishment contingencies and account for
917 the greater amount of variability observed in their behavior
918 (Johansen, Aase, Meyer, & Sagvolden, 2002). Interestingly,
919 studies with disinhibited adults have demonstrated that task
920 performance improves when participants are forced to tem-
921 porarily suspend ongoing behavior and reflect on response
922 feedback (Arnett, Howland, Smith, & Newman, 1993;
923 Newman et al., 1985; Patterson et al., 1987). These find-
924 ings suggest reflection on behavioral outcomes is a skill that
925 can be learned, and that behavioral disinhibition associated
926 with ADHD can potentially be mitigated to some degree
927 if the child or adolescent is successful in applying a “stop,
928 pause, and reflect” rule before engagement in further ongoing
929 behavior.

930 Findings and conclusions associated with this research
931 should be considered along with some caveats. For example,
932 the sizes of the ADHD and control samples were relatively
933 small, which may have accounted for some of the insignif-
934 icant trends that were observed. A related consideration is
935 that a number of planned contrasts were performed in the
936 course of data analyses without the application of correc-
937 tions on the critical alpha levels to reduce family-wise Type
938 I error rates. The application of such corrections would have
939 resulted in a loss of statistical power (Keppel, 1991). Be-
940 cause of already existent concerns about power related to the
941 relatively small sample size, and the increased likelihood of
942 committing a Type II error, we elected not to perform such
943 corrections. Consequently, analyses that yielded marginal ef-
944 fects, most notably the covariance analyses that controlled
945 for the possible influence of IQ, ODD/CD symptomatology,
946 and anxiety/depression, should be regarded with a degree of
947 caution.

948 One control participant and five of the youth diagnosed
949 with ADHD and were maintained on non-stimulant psy-
950 chotropic medication that could not be ethically disconti-
951 nued for purposes of this study. The extent to which such
952 medications interacted with study variables cannot be de-
953 termined. Control participants and those with ADHD were
954 also recruited from different sources (local schools and a
955 service agency, respectively), thus raising the possibility that
956 group differences, when observed, might be related to refer-
957 ral source rather than diagnostic status.

958 It also is possible that non-task related behaviors were
959 responsible for group differences in PAE frequency. It has
960 been observed, for example, that youth with ADHD will
961 often report high rates of task-irrelevant thoughts during ex-
962 perimental procedures (Shaw & Giambra, 1993), and that
963 such processes may account for observed group differences
964 in PAE frequency. Irrelevant thinking, however, is unlikely
965 to be strongly associated with PAEs in the present research,
966 as the rates of OEs among ADHD and control youth were ap-
967 proximately the same. For both groups, the rate of OEs was
968 relatively low, which suggests that both groups were equally

engaged in at least some aspects of the experimental procedures used in the present study (Trommer et al., 1988). An absence of differences in OEs, but not PAEs, has also been observed in other studies with disinhibited adults (Farmer et al., 2003; Newman et al., 1985; Patterson et al., 1987) as well as among children with ADHD (Gomez, 2003; Hartung et al., 2002; Iaboni et al., 1995; Trommer et al., 1991).

In addition to exploring processes and correlates associated with response reflection, future studies in this area might examine various aspects associated with reinforcement contingencies in order to isolate trends responsible for group differences in task performance. This study, for example, utilized monetary incentives for performance, and the amount awarded or lost for correct and incorrect responding, respectively, was relatively modest (see Footnote 1) when compared to that used in other studies (Hartung et al., 2002; Milich et al., 1994). Given Slusarek et al. (2001) demonstrated that behavior of children with ADHD relative to controls is more equal under high intensity than low intensity reinforcement conditions, it is possible that more modest reinforcers may have produced even more discrepant outcomes between the two groups. Consequently, future studies might vary the size or nature of reinforcers, as variations in reinforcer intensity may be associated with different outcomes, as would be predicted by a number of theories on ADHD (Luman, Oosterlaan, & Sergeant, 2005). Additionally, individuals with ADHD are recognized as a heterogeneous group (e.g., Lilienfeld & Waldman, 1990), as reflected by distinct diagnostic subtypes (American Psychiatric Association, 2000) and varied patterns of comorbidity with other conditions (Biederman, Newcorn, & Sprich, 1991). Future research might therefore explore differences in task performance with consideration given to these heterogeneous features, as the presence of such features may differentially influence PAL and associated processes.

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