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An exploration of dichotic listening among adults who stutter

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Abstract

A pilot investigation of dichotic listening of CV stimuli was undertaken using seven adults who stutter (AWS) and a comparison group of seven adults who do not stutter (AWNS). The aim of this research was to investigate whether AWS show a difference in the strength of the right ear advantage (REA) in both undirected and directed attention tasks when compared to AWNS. The undirected attention task involved manipulating the interaural intensity difference (IID) of the CV stimuli presented to each ear. The CV stimuli were presented with equal intensity for the directed attention task. The undirected attention results indicated that both AWS and AWNS have a REA for processing speech information, with a primary difference observed between groups in regard to the IID point at which a REA shifts to a LEA. This crossing-over point occurred earlier for AWS, indicating a stronger right hemisphere involvement for the processing of speech compared to AWNS. No differences were found between groups in the directed attention task. The differences and similarities observed in dichotic listening between the two groups are discussed in regard to hemispheric specialization in the processing of speech.

Keywords: Attention, dichotic listening, language, stuttering, speech processing

Introduction

Dichotic listening

Dichotic listening involves the simultaneous presentation of two different speech or non-speech auditory signals to the left and right ears. The technique is noninvasive and is used to determine perceptual biases and assess brain lateralization and asymmetry (Broadbent, 1954; Foundas, Corey, Hurley, & Heilman, 2006; Hugdahl, 2011; Hugdahl, Westerhausen, Alho, Medvedev, & Hamalainen, 2008a). Depending on the type of auditory signal presented to the listener, an “ear advantage” can occur, with the signal presented to one of the ears perceived as more dominant (Rimol, Eichele, & Hugdahl, 2006). Research has shown that when two differing linguistic stimuli in the form of a consonant + vowel (CV) are simultaneously presented (one to each ear), there is typically a right ear advantage (REA) (Asbjornsen & Helland, 2006; Hugdahl et al., 2008a; Kimura, 1961; Tallus, Hugdahl, Alho, Medvedev, & Hamalainen, 2007). This REA is found for both right-handed and left-handed individuals; however, speech-language

50 dominance, along with lateral processing has been found to be less robust for left-handed people
51 (Bryden, Munhall, & Allard, 1983; Foundas et al., 2006). When non-speech stimuli, such as two
52 differing melodies, are presented simultaneously, a left ear advantage (LEA) is usually found
53 (Kimura, 1961).

54 The REA can be explained by two models of verbal information processing: (1) structural
55 and (2) attentional, both of which involve the corpus callosum. In the structural model postulated
56 by Kimura (1967), the REA was thought to reflect an interaction of the anatomy of the auditory
57 system and the cerebral laterality for processing speech (Westerhausen et al., 2009). Because the
58 left hemisphere is dominant for processing speech, the contralateral connection between the right
59 ear and the left hemisphere is stronger compared to the ipsilateral connection between the left ear
60 and left hemisphere, which necessitates transfer from the right hemisphere via the corpus
61 callosum. This structural model describes what is referred to as *bottom-up processing* (Foundas
62 et al., 2006; Kimura, 1961, 1967; Satz, Bakker, Teunissen, Goebel, & Van der Vlugt, 1975;
63 Westerhausen & Hugdahl, 2008).

64 The second model of dichotic listening considers the role of directed attention. Kinsbourne
65 (1970) suggested that a REA may not be entirely due to bottom-up processing. The simple act
66 of anticipation of verbal stimuli may preferentially activate the left hemisphere, resulting in
67 an enhanced REA. Thus, a REA may result from either (or both) of two processes: (1) being
68 able to hear what was presented to the right ear due to a priming of the left hemisphere in
69 preparing to process speech stimuli, or (2) suppression of what is being presented in the left ear
70 due to an anticipation of speech stimuli. This process of anticipation by the left hemisphere
71 for speech stimuli is referred to as *top-down processing*. In support of this attentional influence
72 on the REA, Hugdahl & Andersson (1986) subsequently demonstrated that directed attention
73 to either the right or left ear during a dichotic listening task served to either enhance or suppress
74 the REA.

75
76

77 *Interaural intensity differences*

78
79 The difference in sound level of stimuli presented to the left and right ears is termed the interaural
80 intensity difference (IID). Dichotic listening studies have been designed to determine whether
81 changes in IID have an impact on the strength of the ear advantage. Tallus et al. (2007) sought to
82 modulate the strength of the REA by manipulating the IID between the right ear and the left ear
83 inputs, thereby giving higher intensity CV sounds a better chance of being processed irrespective
84 of the ear of delivery. One-third of trials were preceded with a greater intensity in the left ear, one-
85 third had greater intensity in the right ear and the remaining trials had equal intensity in both ears.
86 By manipulating the IID, the strength of the REA could indeed be modulated with a gradual
87 reduction in the strength of the REA that eventually transfers to a LEA.

88 Hugdahl et al. (2008a) examined the minimum IID required to balance the effect of the REA
89 (i.e. the point at which equivalence is shown between the left and right ears). Participants took part
90 in an undirected listening task, where the IID was modulated with either the left or the right ear
91 being more intense. The results revealed a clear REA at 0 dB (i.e. no IID between the left and right
92 ear) that persisted until the IID was 9 dB more intense in the left ear, at which time the listening
93 advantaged shifted (i.e. “cross-over”) to the left ear. The results were indicative of a strong left
94 hemisphere (REA) influence for processing speech even when the intensity of the auditory signal
95 was modulated to favor the left ear. Tallus et al. (2007) have suggested that modulating the
96 strength of the REA through IID manipulation provides a unique approach to examining laterality
97 and the nature of auditory processing among normal and clinical populations, particularly those
98 groups who are thought to display processing difficulties (such as schizophrenia).

99 *Dichotic listening and stuttering*

100 There is a long history of research that has implicated the role of the brain in stuttering.
101 The Orton-Travis theory developed over 80 years ago suggested that stuttering was a consequence
102 of aberrant cerebral laterality in the processing and production of speech (Orton, 1928; Travis,
103 1931). These early speculations have since been substantiated with the advent of neuroimaging
104 techniques. There is evidence that adults who stutter (AWS) demonstrate anomalous cerebral
105 volume, composition and gyrification, which typically favor the right hemisphere (Foundas et al.,
106 2003; Jancke, Hanggi, & Steinmetz, 2004). Fox et al. (1996) documented anomalous patterns of
107 cerebral activation in AWS during fluent and disfluent speech production. Braun et al. (1997)
108 found that during fluent speech, the left inferior frontal and primary auditory cortices (i.e. areas
109 associated with self-monitoring, comprehension & fluency) were activated in adults who do not
110 stutter (AWNS) but not among AWS. Structural anomalies of the corpus callosum among AWS
111 were recently reported by Choo et al. (2011). These researchers found that AWS exhibited a larger
112 overall callosa compared to AWNS, and suggested that this size difference could be linked to
113 atypical brain function.

114 In addition to neuroimaging studies, there is a body of research examining the dichotic listening
115 performance of AWS compared to AWNS. The combined results of these studies are far from
116 clear in regard to laterality and the auditory processing abilities of AWS. For example, Curry &
117 Gregory (1969) compared the performance of AWS and AWNS on various undirected dichotic
118 listening tasks. In particular, results on the Dichotic Word Test (DWT), where consonant +
119 vowel + consonant (CVC) words of high familiarity were used, found that a majority (75%)
120 of AWNS achieved higher scores for the right ear verbal task, whereas fewer than half (45%) of
121 AWS had scores higher for their right ear. The less robust REA performance found for the AWS
122 group was interpreted to reflect atypical auditory processing. Studies by Quinn (1972) and Brady
123 & Berson (1975) found all of their AWNS participants and a majority of the AWS participants to
124 show a REA for processing of CV syllable pairs on undirected listening tasks. However, a small
125 percentage of AWS participants in both studies (fewer than 25%) showed a LEA for the processing
126 of speech stimuli, suggesting aberrant cerebral laterality.

127 Rosenfield & Goodglass (1980) investigated undirected dichotic listening performance for
128 speech and non-speech stimuli in AWS and AWNS participants. The speech task involved
129 listening to CV syllables and the non-speech task consisted of two different melodies presented
130 simultaneously followed by four binaural melodies. Participants were instructed to identify which
131 two melodies had been played dichotically. The same speech and non-speech tasks were carried
132 out one week later to determine stability of performance. Results found a clear REA for both
133 groups for the processing of speech stimuli but the groups differed in performance for the non-
134 speech task. The AWNS showed a significant LEA for the non-speech task; while no clear ear
135 advantage was found for the AWS group. The results led the researchers to suggest that AWS may
136 show unusual cerebral lateralization for auditory processing.

137 A series of studies by Blood and colleagues (Blood & Blood, 1986, 1989; Blood, Blood, &
138 Newton, 1986) provide varied results with regard to the dichotic listening performance of AWS.
139 For example, Blood & Blood (1986) found that slightly more than half (57%) of AWS showed a
140 REA for CV stimuli on an undirected attention task. Blood et al. (1986) compared AWS to AWNS
141 on undirected and directed attention tasks, both of which involved the recall of digits.
142 On the undirected task the AWS group showed no significant difference between the right and left
143 ears, while the AWNS participants showed a significantly better right ear score. Both AWS and
144 AWNS had significantly more correct responses when required to direct their attention to the right
145 ear but the groups differed in their performance for attending to the left ear. The AWS were less
146 accurate in recalling digits when asked to attend to the left ear compared to the AWNS group.
147

148 The researchers suggested that for AWS there may be a more even spread of cerebral activation for
149 speech processing, whereby attentional directions may confuse AWS or their processing strategies
150 are incompatible with specific listening directions.

151 Blood & Blood (1989) later investigated dichotic listening performance in an undirected
152 listening task on the basis of a laterality quotient (i.e. ratio of the number of correct right-ear
153 responses and left-ear responses). Although the AWS and AWNS groups both showed a REA for
154 speech stimuli, the groups differed in their magnitude of performance. The AWNS group
155 demonstrated a proportionally higher number of correct responses. This finding was taken to
156 suggest that AWS and AWNS both show a REA; however, the strength of the ear advantage was
157 significantly reduced for the AWS group.

158 Most recently, Foundas, Corey, Hurley, & Heilman (2004) investigated dichotic listening
159 performance in AWS and AWNS participants as a function of gender and handedness. The AWS
160 and AWNS participants were grouped according to gender and handedness and completed three
161 tasks: (1) an undirected attention task, (2) a directed-right attention task and (3) a directed-left
162 attention task. Results indicated that for the AWNS participants, sex and handedness had no
163 influence on any of the dichotic listening tasks. Among the AWS participants, the male right-
164 handed group showed a REA across the three tasks. However the female right-handed and male
165 left-handed AWS participants showed atypical auditory processing as reflected in a lack of
166 perceptual bias in the undirected task. During the directed-right and directed-left tasks, these same
167 AWS participants were able to shift attention to left and right ear better than any of the other
168 groups. The lack of difference between the AWNS participants and the male right-handed AWS
169 participants led the researchers to conclude that aberrant auditory-speech dominance cannot
170 account for all cases of stuttering. However, the results obtained for the female right-handed and
171 male left-handed AWS group would support the notion of mixed cerebral dominance among a
172 particular subgroup of AWS.

173

174

175 *The present study*

176

177 Comparing the results of past dichotic listening studies for AWS is difficult because of differences
178 in methodological approaches. However, a feature common to a majority of studies is to examine
179 dichotic listening performance in an undirected attention task using equal binaural intensity
180 (Blood & Blood, 1986, 1989; Brady & Berson, 1975; Curry & Gregory, 1969; Quinn, 1972;
181 Rosenfield & Goodglass, 1980). These studies indicate there is aberrant speech processing, as
182 evidenced in either a lack of perceptual bias or LEA for some, but not all AWS. The first aim of
183 the present study was to explore this finding further by considering dichotic listening performance
184 on undirected attention tasks as a function of IID. Hugdahl et al. (2008b) have shown that
185 systematically varying the IID manipulates the strength of the ear advantage in a parametric way
186 (cf. Westerhausen et al., 2009). To date there have been no dichotic listening studies with AWS
187 that have manipulated the speech signal in such a fashion. We anticipated that the clarity of the
188 data obtained using these IID manipulations would serve to further highlight the aberrant speech
189 processing abilities of AWS compared to AWNS. Specifically, we predicted that upon systematic
190 manipulation of the IID, AWS would show a shift from REA to LEA prior to AWNS. That is, we
191 anticipated a weaker REA response among AWS participants.

192 There are fewer studies of AWS that have examined dichotic listening by employing directed
193 attention tasks (Blood et al., 1986; Foundas et al., 2004). These studies provide somewhat
194 conflicting results, with AWS showing similar, poorer or better performance than AWNS
195 depending on attention to a specific ear. The second aim of this study was to further explore
196 whether AWS differed from AWNS on directed attention dichotic listening tasks. Based on the

197 inconsistent findings in past research, we predicted that AWS would not differ from AWNS in
198 their speech processing abilities on these tasks.

199

200

201 **Method**

202

203 *Participants*

204 Seven right-handed AWS (two females and five males) took part in the study. A non-probability
205 convenience sampling technique was employed in this study. The AWS participants were accessed
206 by contacting self-help organizations and local speech-language pathologists. Each participant had
207 to meet the following criteria: (1) exhibit more than 3% syllables stuttered in a spontaneous speech
208 sample of 300 words, (2) present with an isolated developmental fluency disorder and be free of
209 any other communication disorder and (3) be classified as an AWS by a speech-language
210 pathologist. The severity of each participant's stuttering ranged from moderate to severe as
211 estimated using the Stuttering Severity Instrument for Children and Adults (SSI-3) (Riley, 1994).
212 Sex, age, amount of previous treatment and stuttering severity were not controlled for in this study.
213 Audiological screening at 500, 1000, 2000 and 4000 Hz was completed, with the inclusion
214 criterion being that the pure tone average of these four frequencies was less than or equal to 20 dB
215 HL and the difference in pure tone average between ears was no more than 5 dB. Handedness for
216 each participant was obtained according to the Edinburgh Handedness Inventory (Oldfield, 1971).
217 The resultant laterality quotient derived from the inventory for the AWS participants indicated all
218 participants were right-handed, although participant AWS2's laterality quotient was 0.50.
219 The general characteristics of the AWS, aside from stuttering, were matched to a control
220 group of AWNS participants. The characteristics of both participant groups are shown in Table 1.
221 The study was given ethical approval by the University of Canterbury Human Ethics Committee
222 and all participants provided written informed consent.

223

224

225

226 *Materials and stimuli*

227 The dichotic listening stimuli consisted of six CV syllables. The vowel /a/ was paired with three
228 voiced stop consonants (/ba/, /da/, /ga/) and three voiceless stop consonants (/pa/, /ta/, /ka/). A
229 recording of each CV type was made using an adult male native speaker of New Zealand English.
230 Dichotic stimuli were delivered through headphones (Sennheiser HD215) driven by a sound card
231 (InSync Buddy USB 6G) attached to a laptop computer. For calibration, the headphones were
232 placed on a Head and Torso Simulator (HATS) (Brüel & Kjær Type 4128) connected to a 5/1-ch
233 input/output controller module (Brüel & Kjær 7539). The 1-second average A-weighted sound
234 level of each syllable sample was measured using a Brüel & Kjær PULSE 11.1 noise and vibration
235 analysis platform. This information was used to adjust the level of each syllable to ensure
236 presentation at 70 dB(A) during subsequent listening tasks.

237 A specially designed software programme was used for presenting the CV syllables, analyzing
238 the responses and displaying subsequent results. The CVs were paired to create six combinations
239 of the three voiced CVs and six combinations of the three unvoiced CVs (12 stimulus pairs
240 in total). The pseudo-randomization for the IID task was done via a specially designed software
241 programme which used four rules to eliminate learning and order effects and which followed past
242 research (Hugdahl et al., 2008a). The presentation order was pseudo-randomized within and
243 between blocks by applying the following restrictions: (a) not more than two consecutive trials
244 with the same intensity difference condition, (b) not more than three trials in a row with the same
245 direction of intensity advantage, (c) no presentations of the same syllable to the same ear in

246 Table 1. General characteristics of adults who stutter (AWS) and adults who do not stutter (AWNS) participants. The table
 247 includes sex, age, handedness laterality quotient (HLQ), history of speech therapy, family history of stuttering and severity
 248 percentile score and rating on the Stuttering Severity Instrument (SSI) (Riley, 1994). All participants were right-handed
 249 according to the Edinburgh Handedness Inventory (Oldfield, 1971).

Participant	Sex	Age yrs	HLQ (%)	Previous therapy	Family history of stuttering	SSI	
						Score	Rating
253 AWS1	Female	55	100	Yes	No	46	Moderate
254 AWS2	Male	57	50	Yes	Yes	24	Mild/moderate
255 AWS3	Male	39	100	Yes	No	61	Moderate
256 AWS4	Male	28	100	Yes	No	95	Severe
257 AWS5	Male	61	100	Yes	No	97	Very severe
258 AWS6	Female	56	83	Yes	Yes	63	Moderate
259 AWS7	Male	28	100	Yes	No	75	Moderate
260 Mean		46	90.4			65.8	
261 SD		14	18.9			26.0	
262 AWNS1	Female	56	100	No	No	n/a	
263 AWNS2	Male	57	100	No	No	n/a	
264 AWNS3	Male	38	100	No	No	n/a	
265 AWNS4	Male	26	100	No	No	n/a	
266 AWNS5	Male	61	83	No	No	n/a	
267 AWNS6	Female	58	100	No	No	n/a	
268 AWNS7	Male	26	100	No	No	n/a	
269 Mean		46	97.5				
270 SD		15	6.4				

271 consecutive trials and (d) no repetition of a syllable pair in two consecutive trials. The dichotic
 272 listening tasks took place in a sound-treated booth within the University of Canterbury Speech and
 273 Hearing Clinic.

274 *Procedures*

275 Every participant performed the undirected task first, followed by the directed attention task. This
 276 approach was taken because it was assumed that completion of the directed task first may have
 277 served to prime the participants in later tasks (Hugdahl & Andersson, 1986). Half of the
 278 participants were randomly selected to start with the right hear while the other half started with the
 279 left ear. All the dichotic listening tasks were controlled using a laptop computer. Each participant
 280 was seated in front of the laptop in a relaxed position.

281 *Undirected Task*

282 In preparation for the undirected task, participants were required to first complete a perceptual
 283 calibration listening task. This task was designed to establish the interaural intensity balance for
 284 each individual to account for any audiometric asymmetries of individual participants. To
 285 complete the task, participants were fitted with headphones while facing the laptop computer.
 286 Each CV was presented to the participants simultaneously via the headphones and repeated
 287 continuously at two second intervals. During this process, the participant was required to move a
 288 slider on a linear scale to a location where the CV was heard equally in both ears. This was
 289 completed for each of the six CVs. The median score of the slider position was used as the
 290 interaural intensity balance for that participant. Once the interaural intensity balance was
 291 completed, participants commenced with the undirected dichotic listening task. Similar to

295 Westerhausen et al. (2009), each of the 12 CV pairs were presented at 15 different IIDs, resulting
296 in 180 intensity-stimulus pairs. During this task, the IID was randomly varied for each ear. The IID
297 was varied using a range of -21 dB to 21 dB, where -3 to -21 dB indicated greater intensity in
298 the left ear, 0 dB being equal intensity levels in the left and right ears and, 3 to 21 dB indicated
299 greater intensity in the right ear. Each participant was given verbal instructions and told that the
300 instructions would also be displayed on the screen. Each CV pair was presented via earphones and
301 also displayed orthographically on the laptop monitor. Participant responses were collected
302 on the basis of a mouse-pointer selection of the corresponding orthographic display.
303 The intensity-stimulus pairs were presented in blocks of 45 presentations, followed by a short
304 3–5 min break.

305

306 *Directed Task*

307 Prior to completing the directed attention task another perceptual calibration task was undertaken.
308 The identical procedures used in the initial calibration task were performed. Once the CV intensity
309 levels were calibrated the directed attention task commenced. The IID was not manipulated for the
310 directed attention task. This task involved the participants deliberately attending to either their
311 right or left ear and report what they heard. Each participant was given verbal instructions and
312 told the instructions would also be displayed on the screen. After listening to each presentation of
313 the paired stimuli, participants were required to select what they heard in the ear they were
314 instructed to attend to. Attention was randomly directed to each ear with no more than two
315 consecutive presentations delivered to the same ear. The 12 stimulus pairs were presented four
316 times (48 trials in total) with same number of trials with attention directed to each ear (24 trials
317 per directed ear).

318

319

320 *Data analysis*

321 Group means for each presentation type (undirected & directed attention tasks) were obtained for
322 each participant group. For the undirected attention paradigm, the magnitude of these differences
323 was compared in two ways. The first analysis involved determining the cross-over level (dB) at
324 which the REA shifted to a LEA. This cross-over level was estimated by fitting a first-order
325 polynomial (linear regression) to each participant's right and left ear IID data plots. The point at
326 which these data plots intersected was taken as the cross-over level. Cross-over levels ranging
327 from -21 dB to -1 dB indicated greater intensity in the left ear, 0 dB being equal intensity levels
328 in both ears and 1 to 21 dB indicating greater intensity in the right ear. The second analysis
329 involved a series of planned comparison Mann–Whitney U tests to determine whether AWS
330 differed from AWNS at each IID. A similar test was used to evaluate group differences in the
331 directed attention task

332

333

334 **Results**

335

336 The results are presented in two sections. The first section contains the results for the undirected
337 task and the second section contains the results for the directed attention task.

338

339 *Undirected attention task*

340

341 *AWS*

342 For each participant, first-order polynomials were fit to the right ear and left ear IID data points,
343 respectively, to identify the cross-over level. Across the AWS participants, the cross-over levels

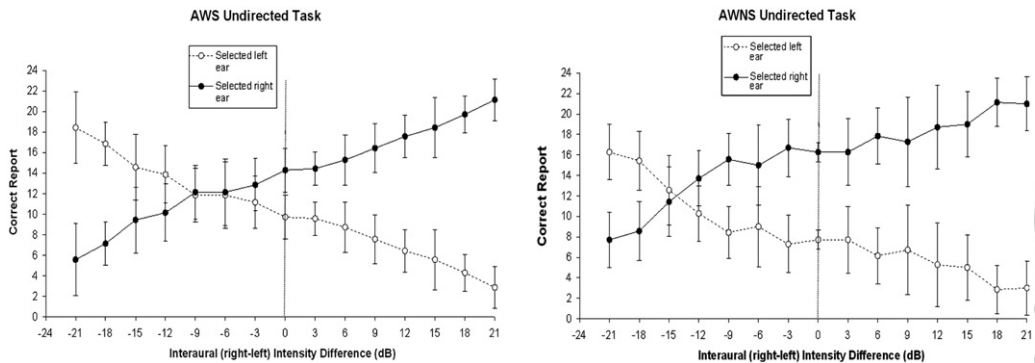


Figure 1. The left panel shows the correct report for AWS participants for the left and right ear CV stimuli as a function of changing the interaural intensity difference (IID) (dB). An IID of -3 to -21 dB indicates greater intensity the left ear, 0 dB being equal intensity levels in the left and right ears and, 3 to 21 dB indicates greater intensity in the right ear. The right panel shows the correct report results for AWNS participant.

ranged from 2 dB to -14 dB and averaged -6 dB for the group ($SD = 5.28$), indicating that a REA persisted until the CV presented in the left ear was 6 dB more intense than the right ear. The combined results for the AWS group are displayed in Figure 1.

AWNS

Across the individual AWNS participants, the cross-over levels ranged from -4 dB to -21 dB with a group average of -12 dB ($SD = 6.55$). The -12 dB cross-over value indicated a persistent REA until the left ear stimulus was 12 dB more intense than the right ear. The combined results for the AWNS group are displayed in Figure 1.

AWS versus AWNS

To evaluate whether overall group differences existed in the magnitude of REA, a two-tailed student t -test for paired samples was performed using the individual cross-over (dB) levels. The test approached significance $t(5) = 2.41$, $p = 0.06$.^{*} A series of planned comparison Mann-Whitney U tests were also performed to determine whether AWS differed from AWNS at each IID. Significant differences between AWS and AWNS were found at the IIDs of 0 dB [$U(n_1 = 7, n_2 = 7) = 39.5$, $p < 0.05$], -3 dB [$U(n_1 = 7, n_2 = 7) = 40.0$, $p < 0.05$], -9 dB [$U(n_1 = 7, n_2 = 7) = 40.0$, $p < 0.05$] and -12 dB [$U(n_1 = 7, n_2 = 7) = 41.5$, $p < 0.05$]. This indicates a weaker REA for AWS participants at these IID levels. When the IID reached -15 dB both groups performed similarly.

^{*}A further analysis of the group results was performed by removing participant AWS2 and the corresponding control participant, AWNS2. The AWS2 participant was found to have a Handedness Laterality Quotient of 50% (see Table 1), indicating no clear hand dominance. Removing this participant from the re-analysis allowed for an examination of AWS and AWNS group differences with less dextral ambiguity, particularly in regard to speech-language dominance. Results of the re-analysis indicated a significant difference between groups on the undirected attention task ($t = 2.64$, $p < 0.02$). A similar analysis was performed for the directed attention task; however, the re-analysis revealed no significant differences between the AWS and AWNS groups.

393 *Directed Attention Task*394 *AWS and AWNS*

395 In the directed-right task, AWS participants scored 66.6% correct (i.e. they accurately reported
 396 the CV stimuli presented to the right ear). AWNS participants scored 69.0% correct on the
 397 directed-right task. In the directed-left task, AWS participants scored 51.7% correct and AWNS
 398 scored 48.2% correct. In general, both AWS and AWNS participants showed better identification
 399 of CVs when directed to the right ear compared with directing attention to the left ear.
 400 To evaluate whether there was a significant difference between the AWS group and the AWNS
 401 group for the directed attention tasks, Mann–Whitney U tests were performed. There were no
 402 significant differences between the AWS and the AWNS groups for either the right-directed
 403 attention condition [$U(n_1 = 7, n_2 = 7) = 25.5, p = 0.45$] or the left-directed attention condition
 404 [$U(n_1 = 7, n_2 = 7) = 30.5, p = 0.228$].
 405

406

407 **Discussion**

408

409 The purpose of this study was to explore possible laterality differences in auditory processing of
 410 speech stimuli between AWS and AWNS using a combination of undirected and directed attention
 411 tasks. A discussion of the participants' performance for each of these tasks follows.
 412

413

414 *Undirected attention task*

415 No previous studies comparing AWS to AWNS have examined dichotic listening using an IID
 416 format. Instead, an equal binaural intensity (IID of 0 dB) has been used. While past studies
 417 examining dichotic listening in AWS and AWNS have noted that the magnitude of the REA is less
 418 robust in AWS, there have been no attempts to directly examine the strength of the REA. This
 419 study is a departure from past dichotic listening studies of AWS by examining performance
 420 according to IID. Based on alteration of the intensity level of the CV stimuli presented to the left
 421 and right ears, the AWNS participants *crossed* at an IID of -12 dB. That is, a shift from a REA to
 422 a LEA was not evident until the CV stimuli were 12 dB more intense in the left ear. In contrast, the
 423 AWS participants crossed at an IID of -6 dB. The difference between groups approached
 424 statistical significance ($p < 0.06$) in the full group comparative analysis. Upon removal of AWS2,
 425 whose handedness laterality quotient was 0.50, the group differences were significant at the
 426 $p < 0.02$ level. Further, group differences were evident at several IID levels
 427 (IID = 0, -3 , -9 , -12 dB), whereby the AWNS group showed a stronger REA compared to
 428 AWS group. Hugdahl et al. (2008a) referred to this cross-over effect as reflecting a REA
 429 "resistance", due to the left hemisphere dominance in speech processing.

430 The present findings lend additional, albeit inferential, support to past studies exploring
 431 cerebral laterality and activation among AWS (Biermann-Ruben, Salmelin, & Schnitzler, 2005;
 432 Blomgren, Nagarajan, Lee, & Alvord, 2003; Braun et al., 1997; Cykowski et al., 2008; Foundas
 433 et al., 2003; Neumann et al., 2003; Preibisch et al., 2003; Salmelin, Schnitzler, Schmitz, & Freund,
 434 2000; Van Borsel, Achten, Santens, Lahorte, & Voet, 2003; Walla, Mayer, Deecke, & Thurner,
 435 2004). The combined results from these studies suggest the left-laterality of the speech motor
 436 system is incomplete for AWS, where there is an overactivity of pre-motor areas, which have an
 437 important role in speech and language formation (Fox et al., 2000). These brain imaging findings
 438 reveal reduced left hemisphere activation, bilateral activation or widespread right hemisphere bias
 439 for AWS when listening to verbal information (Braun et al., 1997; De Nil, Kroll, Lafaille, &
 440 Houle, 2003; Fox et al., 2000). Interestingly, the pattern of neural overactivation that is seen in
 441 AWS and not in AWNS is thought to reflect the lack of automatization normally observed in

442 AWNS (De Nil, Kroll, & Houle, 2001; De Nil et al., 2003). The findings from the current study
443 using dichotic listening infer the same findings of this widespread right hemisphere activation for
444 AWS. Furthermore, the recent findings by Choo et al. (2011) seem particularly relevant to the
445 present results. These researchers found the overall size of the corpus callosum to be large in AWS
446 compared to AWNS. A larger callosa presumably contains more white matter that would allow for
447 more efficient interhemispheric processing, including dichotic listening tasks.

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449

450 *Directed attention task*

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451 There are limited studies on the effects of directed attention in dichotic listening tasks among
452 AWS participants. Blood et al. (1986) examined the influence of attention during a dichotic
453 listening task between AWS and AWNS. They found that both groups had an overall better
454 performance (in excess of 98% accuracy) when attention was directed to the right ear. The groups
455 differed in regard to the left ear with the AWS participants showing slightly poorer accuracy
456 (still in excess of 92% accuracy) in identifying stimuli presented to the left ear. The present results
457 partially agree with those of Blood et al. Our AWS and AWNS participants likewise performed
458 better on right-directed attention tasks; however, performance accuracy did not reach 70%. Both
459 groups showed poorer performance on the left-directed task (less than 52% accuracy) but did not
460 differ significantly. Two possible reasons for the difference between Blood et al. and the current
461 results are offered. First, Blood et al. required recall of spoken digits, while the current study used
462 CV stimuli. It is possible that recall of spoken digits may allow for clearer processing of linguistic
463 stimuli compared to CV stimuli. Second, the mean age of the participants used in Blood et al. were
464 younger ($M = 24$ years) compared to the present participants ($M = 46$ years). There is research that
465 indicates that right and left ear performance on dichotic listening tasks decrease with increasing
466 age (Dolcos, Rice, & Cabeza, 2002; Jerger, Chmiel, Allen, & Wilson, 1994). Results from Jerger
467 et al. showed that for males and females, right and left ear performance on dichotic listening tasks
468 decreased with increasing age, with the decrease in left ear performance being significantly worse
469 than right ear performance. The authors interpreted their findings to mean that binaural processing
470 decreases with increasing age. A similar pattern was apparent for the AWS and AWNS
471 participants in this study.

472 Foundas et al. (2004) used a direct attention CV task to determine whether AWS and AWNS
473 differ in the way they process binaurally presented speech stimuli according to gender and
474 handedness. These researchers found that among right-handed males, there was no significant
475 difference between groups on directed attention tasks. These findings align with the present group
476 of participants, all of whom were right-handed. However, Foundas et al. also noted that right-
477 handed AWS females showed difficulty in being able to selectively attend to the right or left ear.
478 Two right-handed females participated in this study. Examination of the individual results for
479 these two participants indicated they were not noticeably different from the male participants;
480 therefore, we are unable to confirm the gender-related differences reported by Foundas et al. It is
481 of interest to note that the overall performance accuracy values for the AWS and AWNS
482 participants reported by Foundas et al. ranged from approximately 25% to 70%, which nicely align
483 with the present values (as opposed to Blood et al., 1986) and provide further support for the
484 suggestion that digit recall dichotic listening tasks may provide clearer auditory processing than
485 tasks using CV stimuli.

486

487

488 **Conclusion**

489 Westerhausen et al. (2009) suggest that directed attention tasks involve executive cognitive control
490 processing that is not required of undirected attention tasks. Directed attention tasks are designed

491 to specially assess dichotic listening in a top-down processing format. That is, when the
 492 participant anticipates verbal stimuli, there may be a priming effect, which activates the left
 493 hemisphere and therefore contributes to a stronger REA (Kinsbourne, 1970). The directed
 494 attention task was not revealing of laterality differences in AWS compared to AWNS. So it seems
 495 likely that the executive cognitive control required of these tasks may mask any essential laterality
 496 differences between AWS and AWNS. Interestingly, in this study it was the undirected attention
 497 task that was most revealing of laterality differences between AWS and AWNS. Undirected
 498 attention tasks presumably reflect bottom-up processing (Foundas et al., 2006; Kimura, 1967).
 499 Therefore, it is possible that this form of speech processing may be discriminating of AWS
 500 and AWNS.

501 In summary, the results from the present study provide support for our first prediction that
 502 AWS will show a less robust REA compared to AWNS when processing CV stimuli in an
 503 undirected attention task. The undirected attention results indicated that both AWS and AWNS
 504 have a REA for processing speech information, with a primary difference observed between
 505 groups in regard to the IID point at which a REA shifts to a LEA. This crossing-over point
 506 occurred later for AWNS indicating a strong left hemisphere advantage for processing speech. The
 507 earlier crossing-over for AWS would seem to indicate a stronger right hemisphere involvement for
 508 the processing of speech compared to AWNS. The results obtained for the directed attention task
 509 served to confirm our second prediction that AWS would not differ from AWNS. Both groups
 510 were highly similar in their performance on dichotic listening tasks when asked to deliberately
 511 direct their attention to a specific ear. The finding that AWS do not differ from AWNS during a
 512 directed attention task may reflect a different type of speech processing that is less discriminating
 513 of group differences in cerebral activation. Finally, the pattern of performance observed in this
 514 study generally confirmed our original predictions. Still, these results should be considered
 515 preliminary until validated by a larger sample size of AWS participants.

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524 **Declaration of interest**

526 The authors report no conflict of interest.

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